



Waynesville R-VI School District

Athletic Department
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Cory Ace, Athletic Director
Jamie Stearns, Administrative Asst.
Candice Gorneflo, Administrative Asst.
Brian Vernon, MS Principal

2023 BOYS AND GIRLS WAYNESVILLE MIDDLE SCHOOL OPEN TRACK AND FIELD MEET

Dear Coach,

Waynesville Middle School will host our open track and field meet on April 11, 2023 at 3:45 p.m. It is a boys and girls meet. A tentative time schedule for the meet is enclosed. **We will run ahead of schedule if possible. We will run the boys and girls 1600 meter run in separate heats.**

Entry fee is \$75 per school, no awards, and no team scores. There is no limit to the number you can enter per event.

Tickets for spectators will be sold online at the door and will be \$3.00.

Concessions will be available for purchase.

We look forward to seeing you at our meet. Good luck in the upcoming track and field season.

Sincerely,

Cory Ace

**Waynesville Open
Track and Field Meet
(Will be held @ the Waynesville High School Track)**

Running Events

Field Events

| | | | | |
|-----------|--------------------------------|--|-----------|--|
| 3:45 p.m. | Coaches Meeting – Fieldhouse B | | | |
| | | | 4:00 p.m. | Boys Pole Vault (Followed by Girls) |
| 4:00 p.m. | Girls Boys | 75 Meter Low Hurdles 100 Meter High Hurdles | 4:00 p.m. | Girls High Jump (Followed by Boys) |
| 4:20 p.m. | Girls Boys | 100 Meter Dash 100 Meter dash | 4:00 p.m. | Boys Discus Girls Shot Put |
| 4:35 p.m. | Girls Boys | 4 x 200 Meter Relay 4 x 200 Meter Relay | 4:00-5:15 | Boys and Girls LJ |
| 4:55 p.m. | Girls Boys | 1600 Meter Run 1600 Meter Run | 5:00 p.m. | Girls Discus Boys Shot Put |
| 5:25 p.m. | Girls Boys | 4 x 100 Meter Relay 4 x 100 Meter Relay | 4:00-5:15 | Boys and Girls TJ |
| 5:50 p.m. | Girls Boys | 400 Meter Dash 400 Meter Dash | | |
| 6:05 p.m. | Girls Boys | 800 Meter Dash 800 Meter Dash | | |
| 6:25 p.m. | Girls Boys | 200 Meter Dash 200 Meter Dash | | |
| 6:45 p.m. | Girls Boys | 4 x 400 Meter Relay 4 x 400 Meter Relay | | |